

Habits of Successful Students

Speakers -



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Habits of Successful Students

Agenda

- Challenges of being a successful student
- Faculty responsibility
- Helping students learn accountability
- Strategies for success
- Habits of Success Presentation
- How to use presentation for discussion

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Student Success Challenges

- Understanding the elements for being a successful student
- Learning how to execute those elements successfully
- Being able to overcome obstacles when “life happens”
- Being flexible and teachable

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Faculty Responsibility

- Practical helps
 - Make instructions and procedures clear
 - Post reminders about deadlines
 - Flexible with students when “life happens”
- Help students learn accountability in your classroom
- Feedback, feedback, feedback

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Discuss Accountability

- Provide opportunities to teach and discuss students success
 - UMUC student policies
 - Faculty expectations
 - Student expectations
- Habits of Successful Students presentation

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Encourage strategies for success

- Take ownership / be accountable
- Positive self attitude
 - Celebrate big and small achievements
 - Keep moving forward
- Suggest ways to cultivate good habits
 - Time and stress management; establish study place and time
 - Overcome obstacles; develop flexibility

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**Accountable behaviors
= Successful habits**

- Responsible
- Resourceful
- Solution-oriented
- Motivated



**Abdicating Behaviors
= Self-defeating habits**

- Procrastinate
- Blame
- Apathy
- Daydream

Ladder of Accountability

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Presentation Discussion Questions

- Do you consider yourself a successful student? Why / why not?
- Why do abdicating behaviors put you at a disadvantage?
- What does accountable mean to you? How do you benefit from being accountable?
- What two elements make you a successful student?
- What is one of the most important elements that you've learned as a student that will / has help(ed) you become a successful professional?

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Student Feedback

- “This week’s discussion helped me make progress to become a successful student and... person.”
- “Being accountable means to be responsible enough to accomplish what is expected...”
- “[Bad habits] put you at a disadvantage because they make you depressed. As a result you can not focus well on your studies...”
- “By being accountable, people are able to trust that you can finish tasks and show you are a capable person.”

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